



The premature baby charity
for Northern Ireland

Schools & Community Information Service



Our babies need your help

Tinylife is Northern Ireland's premature and vulnerable baby charity dedicated to reducing premature birth, illness, disability and death in babies.

Every day in Northern Ireland at least 7 babies are born too soon

Schools Information Service

Are you looking for an exciting, fun way to enhance your class work? Then why not add TinyLife Schools workshops as part of your teaching programme!

TinyLife aims to increase the awareness of the work carried out within our charity, but we also wish to increase awareness of the importance of healthy lifestyles with our workshops, tailored to suit your needs.

This includes:

- Assembly Presentations
- Health Education Workshops – designed to compliment both primary and secondary curriculums. Presentations will include healthy lifestyle topics such as smoking, drugs, diet and healthy pregnancy
- Dedicated support for school fundraising



Primary school project



Senior school project

Community Information Service

Are you part of a community group or organisation and are looking for new topics for your meetings? At TinyLife we consider ourselves to be a fundamental part of communities throughout Northern Ireland and as such we are committed to help increase awareness of prematurity and its effects on the family but also to spread the importance of healthy lifestyles especially related to pregnancy. As part of this commitment, we are happy to give awareness talks and presentations to all community groups and organisations.



Community project

Bryn's Story

Bryn was born 10 weeks premature. He was allowed home at 3 weeks old, weighing just 4lbs. His first week home was perfect, to the delight of mum and dad, but then everything changed. Bryn's health deteriorated and was spending more and more time in hospital. When Bryn was eventually able to go home, he couldn't be laid down, wouldn't sleep, wouldn't feed properly and he constantly screamed in pain. After assessing the family's needs, TinyLife were able to offer home support by one of our volunteers. The contribution made by our volunteer is best summed up by Bryn's mum:



Joan, with Deri & Bryn

"Joan is like another Grandmother to Bryn. She has given Ian and I so much support – both practical and emotional – and we really look forward to seeing her each week. Bryn was eventually diagnosed with Cerebral Palsy and having Joan's help as he has grown older with the condition has really helped him with his confidence. We just can't thank Joan and TinyLife enough."



Our Services:



- Breast Pump Loan Service



- Hospital and Home - Based Volunteer Support



- Parent Support Groups



- Resource/Information Service

If you would like some more information on our Schools and Community Information Service please contact: **Lesley-Ann Macaulay – Schools and Community Information Officer**

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**Tiny
Life.**